



# 2025 Winter **Gateway Academy**

January 5 - March 20, 2025

Gateway Academy is an accelerated program into Figure Skating and is by invitation only. Skaters must be under the age of 9.

### **ON-Ice Fundamentals**

- Jumping
- Spinning
- ► Theatre on Ice
- Field Moves
- ► Edges & Turns

### **OFF-Ice Fundamentals**

- Body Awareness
- Dryland Jumping
- Fitness
- Dance
- Creative Movement

### This program promotes:

- Self-discipline
- ► Confidence
- ► Competitive Drive
- ► Team Spirit
- ► Fun & Enjoyment

# PACKAGES & PRICING (Jan - Mar)

Academy 2-Day Package	\$396.00
Academy 3-Day Package**	\$496.80

Skate Canada Membership Fee of \$61.65 will be added to all Gateway Academy registrations.

Valid from September 1, 2024 - August 31, 2025.

# **SCHEDULE & LOCATION**

Tuesday Mill Woods B		Thursday Mill Woods A		Sunday Meadows East	
5:15-7:00		5:15-7:00		12:30 - 2:15 pm	
5:15-5:45	OFF ice	5:15-6:00	ON ice	12:30-1:15	OFF ice
6:00-7:00	ON ice	6:15-7:00	OFF ice	1:30-2:15	ON ice

<sup>\*</sup> Skaters must select a **minimum of two days**.

## **EQUIPMENT**

> Figure skates, guards for skates, gloves, skating attire (fitted clothing), running shoes, yoga mat.

## **NOTES**

- > Schedules are subject to change at any time. Please check the Events Calendar on the website regularly for changes.
- > Register online through your Uplifter account at www.gatewayskatingclub.org.
- > DEADLINE to register is **December 29**.

## MANDATORY VOLUNTEERING

➤ <u>Academy+</u> skaters will be required to commit to 2 volunteer shifts.



For further inquiries, contact Nathan Chung at nathann1600@gmail.com

<sup>\*\* 3</sup> classes per week is recommended for accelerated progress. 20% discount will be given for the additional day.